

MAY / JUNE 2019

1705 London Line Unit 1048
Sarnia, ON N7W 1B2
519 337-5657

Website: www.sarniabiasl.ca
Email: sarnia.biasl@gmail.com
Charity Registration No:
89186-6733-RR0001

The Life Line



BIASL

BRAIN INJURY ASSOCIATION

SARNIA - LAMBTON



BIASL is a non profit charitable organization. Helping to enhance the lives of people in the Sarnia-Lambton area living with the effects of Acquired Brain Injury (ABI) through education, awareness, support and weekly activities.

ANNUAL GOLF TOURNAMENT

May 23rd at Huron Oaks

Still Spaces Available

KEY DATES AT A GLANCE

Wed, May 1st

Lunch At
Soups Up

Mon, Jun 17th

Annual General
Meeting

Wed, Jun 26th

Mexican Fiesta
Potluck

WHAT'S HAPPENING

Mask Making

In the spirit of June's Brain Injury Awareness Month – we have ordered more masks to paint, decorate and design for others to understand how “brain injury has affected your lives.” Nineteen masks were made last year by our members and we have put them on display in the community at various settings throughout the year. It is our plan to do so again, this year, as we build the momentum of education and awareness. Masks will be on display for our June 1st Brain Injury Awareness kick-off at the Sarnia Library.

Movie Time

Please join us on June 1 at 6:30 at the Sarnia Library, as we have a Community showing of the movie Every 21 Seconds. This true story is based on a man who learns to adapt to a new life with a Brain Injury, after a violent attack outside a bar. It documents his recovery, his strength and resiliency. Donations will be greatly appreciated at the door.

We had to Say Good-Bye

We say good-bye and thank you to Brandon Hickey, our placement student from Lambton College. We appreciate all of your help Brandon and the opportunity to work together with Lambton College.

Eat Your Soup

Did you know that the Brain Injury Association of Sarnia Lambton will benefit from your purchases at Soups Up during the week of April 29 to May 4? Join us there for lunch on May 1 at noon, or please stop in that week to treat yourself. A portion of the purchases will be donated to our organization. Thank you Soups Up!

ASK A LAWYER SERIES



Confidentiality Clauses

By - Chris Dawson

Litigation is never a pleasant experience for anyone involved in it. It is often years before the litigation takes its course and a resolution is arrived at. If and when settlement occurs, it is generally bittersweet. Both parties tend to be somewhat disappointed in that they did not achieve precisely what they wanted, as settlement requires concessions. At the same time, the parties typically have some degree of relief that the litigation is at least over with. This is certainly the case with personal injury litigation.

In personal injury litigation, once a settlement is reached, the defendant will typically send a release document to the plaintiff. The release is a legal document that contains language and terms that “release” the defendant from a variety of scenarios, in exchange for

paying the settlement amount. It is a document the defendant will keep on file to confirm and bind the plaintiff to the relinquishment of the claim. Releases for the most part contain standard terms and clauses. For instance, releases typically state that the defendant is not admitting liability and is simply settling the claim. Further, releases include language that confirms that no further litigation can occur, now or in the future, in connection with the events that caused the injury, and that the existing lawsuit will be dismissed. However, recently, I have noted that many defendants are trying to include in their release documentation confidentiality clauses. These clauses have the effect of legally restricting what the plaintiff can say about the case or settlement. Therefore, the clauses restrict a person's inherent right to freedom of speech.

I have viewed confidentially clauses as not being a standard term of a release. In fact, I view those clauses as a significant restriction on my client's rights. With the rather frequent rate at which I have seen defendants try and slip those clauses into releases, I have reviewed the case law on this precise issue. The courts have very clearly ruled that unless a confidentiality clause was discussed and specifically negotiated as part of the settlement, it is not a standard term of a release document. There is no obligation on a settling plaintiff to sign off on one in circumstances where it was not negotiated. In my view, this is the correct approach. It would be unfair to relinquish something further (the right to free speech) if the other party did not address that issue and compensate accordingly.

The fact of the matter is that litigation from front to back truly does require legal expertise, in order to identify and respond to the litany of issues that arise. Otherwise, as highlighted in the above experience with confidentially clauses, you never know what you might unknowingly be giving up.

Chris Dawson and Nigel Gilby are personal injury lawyers at Leners LLP. Nigel and Chris can be contacted at 855-HELP-NOW or by e-mail at cdawson@leners.ca or ngilby@leners.ca.

UPCOMING BIASL ACTIVITIES

Note: Please call the Brain Injury Association Sarnia Lambton office at 519-337-5657 or email sarnia.biasl@gmail.com. if you wish to participate in any of the following events. We appreciate RSVPs!

Note: Please know that if there is a concern with the cost of any of our activities, please advise Lori so that this can be resolved in a fair manner.

<p>Coffee Group: Do you enjoy good coffee, great food, meeting new people, and socializing with old friends? Then join us for the Coffee Group! This group meets every Tuesday at the Coffee Lodge on Exmouth Street at 1:00 pm.</p> <p>Please note, as we have grown in numbers, the Coffee Lodge has agreed to reserve the back section of tables for us by the windows and benches. This will allow us to have our own space, without creating any barriers for the other customers</p>	<p>Tues, May 7th Tues, May 14th Tues, May 21st Tues, May 28th Tues, Jun 4th Tues, Jun 11th Tues, Jun 18th Tues, Jun 25th</p>
<p>Card Making: Come out and enjoy an afternoon of card making with Carolyn. You can always personalize the message for a birthday; get well or thinking of you.</p>	<p>Wed, May 15th Wed, Jun 5th 1-3pm VON Community Room</p>
<p>Family and Caregiver Support Group: We know that Brain Injury does not affect the survivor alone. Caregivers need an opportunity to speak with other caregivers.</p>	<p>Thur, May 2nd Thur, Jun 6th 10am VON Community Room</p>
<p>Bingo: Everyone loves play a fun game of Bingo!</p>	<p>Thur, May 16th 1pm VON Community Room</p>
<p>Making Memories Scrapbooking: Come out and enjoy an afternoon of scrapbooking and have your memories to cherish.</p>	<p>Wed, May 22nd Wed, Jun 19th 1-3pm VON Community Room</p>

<p>Annual Golf Tournament: Drive, chip and putt all while having a great time. There are still spaces available</p>	<p>Thur, May 23rd 11am Huron Oaks</p>
<p>Let's Do Lunch: Let's meet for lunch at Soups Up. Enjoy some warm delicious soup that's good for the soul on these cool rainy spring days. Hope to see you there! Located at 1143 Confederation St., Sarnia.</p>	<p>Wed, May 1st 12pm Soups Up</p>
<p>Race To Erase: It's not too late to sign up a team of four and participate with us, or you can always make a donation towards a team that is playing on behalf of the BIASL. Either way, it's a win-win!</p>	<p>Sat, May 25th All Around Sarnia</p>
<p>Lunch N' Learn: Join us Wednesday May 29th at noon at the BIASL office for a Lunch 'n Learn with Margaret Capes. She will be presenting on the topic of Health Care Complaints. On Tuesday June 4th, Margaret will be presenting on the topic of Human Rights and Accommodation. Join us at noon</p>	<p>Wed, May 29th Tues, Jun 4th 12pm VON Community Room</p>
<p>Annual General Meeting: Join us for our AGM at the BIASL office. A light meal will be served. Please let us know if you will be coming</p>	<p>Mon, Jun 17th 5:30pm VON Community Room</p>
<p>BIASL Mask Making: Come join some friends for a fun afternoon of mask making with Lori. Please sign up by contacting the office</p>	<p>Thur, May 2nd Thur, May 9th Thur, May 30th 1pm VON Community Room</p>
<p>Mexican Fiesta Pot Luck: Let's kickoff the summer with a Mexican Fiesta Pot Luck. Wear your sombreros and bring your favourite Mexican dish</p>	<p>Wed, Jun 26th 5:30m VON Community Room</p>
<p>Education Hour: Come discuss various topics such as social interactions, anxiety depression, sleep, goal setting, planning, gardening and come have some fun.</p>	<p>Mon, May 6th Mon, May 27th Mon, Jun 10th Mon, Jun 24th 1pm VON Community Room</p>
<p>Indoor Planter Making: Let's make an indoor planter with your choice of flowers or herbs</p>	<p>Wed, Jun 12th 1pm VON Community Room</p>



Your brain can process an image that your eyes have seen for as little as 13 milliseconds – less time than it takes for you to blink



BIASL Board of Directors:

Kevin Cheung (President), Jillian Prior (Vice President), Jacob Lavoie (Treasurer),
 Marg Mitchell, Kelly Steeves, Mike Janssen (Secretary), Christina Martin,
 Chantal Prasad (Past President), Martin McNeill and Rhonda Houghton

Membership

Assistance can be provided for individuals who would like to renew or obtain a free membership by completing an on line research questionnaire by OBIA (Ontario Brain Injury Association). Please contact the BIASL office at 519-337-5657 if you require assistance completing survey

Donations

BIASL is a registered non-profit organization incorporated in 1994. Currently there is no on-going or provincial funding for our organization; therefore we rely on all of our own fundraising. For this reason, at anytime donations come our way, we are most grateful. We thank you for considering us at anytime throughout the year! With this being said, you can donate on line from our website at www.sarniabiasl.ca.

Volunteers Needed

Brain Injury Association Sarnia Lambton is looking for volunteers. Assistance is greatly appreciated. We are especially looking for volunteers to help with social leisure and fundraising activities.

Also looking for a volunteer Office Administrator. Please call 519-337-5657 for more details.

If you are interested in becoming a volunteer, please call BIASL at 519-337-5657 or email info@sarniabiasl.ca. We look forward to hearing from you!



















BIASL BRAIN INJURY ASSOCIATION SARNIA & LAMBTON		May 2019					*NOTE: Please refer to newsletter for specific details and prices for events!	
							Sunday	Monday
5	6	7	8	9	10	11	12	13
	Education Hour 1pm VON Community Room	COFFEE LODGE Exmouth St. 1pm	Lunch at Soups Up 12pm	Family Caregiver Support Group 10am VON Community Room Mask Making 1pm VON Community Room	Card Making 1-3pm VON Community Room	Mask Making 1pm VON Community Room		
12	13	14	15	16	17	18	19	20
		COFFEE LODGE Exmouth St. 1pm	COFFEE LODGE Exmouth St. 1pm	Bingo 1pm VON Community Room	Annual Golf Tournament 11am Huron Oaks			
19	20	21	22	23	24	25	26	27
		COFFEE LODGE Exmouth St. 1pm	Making Memories Scrapbooking 1-3pm VON Community Room	Annual Golf Tournament 11am Huron Oaks				
26	27	28	29	30	31			
	Education Hour 1pm VON Community Room	COFFEE LODGE Exmouth St. 1pm	Lunch & LEARN 12pm VON Community Room	Mask Making 1pm VON Community Room				

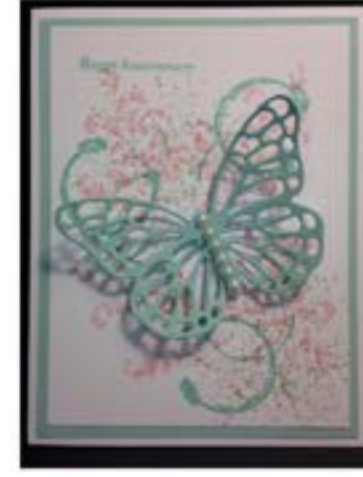




June 2019

NOTE: Please refer to newsletter for specific details and prices for events!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	8
	 Education Hour 1pm VON Community Room	 Lunch & LEARN 12pm VON Community Room  Exmouth St. 1pm	 Card Making 1-3pm VON Community Room	 Family Caregiver Support Group 10am VON Community Room		MOVIE TIME 6:30 Sarnia Library
9	10	11	12	13	14	15
	 Education Hour 1pm VON Community Room	 Exmouth St. 1pm	 Making an indoor planter 1pm VON Community Room			
16	17	18	19	20	21	22
	 Annual General Meeting 5:30pm VON Community Room	 Exmouth St. 1pm	 Making Memories Scrapbooking 1-3pm VON Community Room			
23	24	25	26	27	28	29
----- 30	 Education Hour 1pm VON Community Room	 Exmouth St. 1pm  "Stamp A Stack" Fundraiser 7-9pm	 Potluck Dinner 5:30pm VON Community Room	 Men's "Only" Social Location TBA		



BRAIN INJURY ASSOCIATION SARNIA LAMBTON'S 1ST ANNUAL "STAMP A STACK" CARD MAKING FUNDRAISER

Do you love to make cards?

On Tuesday, June 25th, 2019 Brain Injury Association Sarnia Lambton will be hosting their 1st Annual "Stamp A Stack" Card Making Fundraiser. This event is to raise money to help offset costs of their Card Making Group and Making Memories Scrapbooking Group. Participants will make 5 different card designs of 4 sets per design, which will give participants a total of 20 cards. Grab some friends and sign up for a fun & creative night!

Tuesday, June 25, 7 pm - 9 pm

1705 London Rd. in the Community Room (VON bldg beside Tim Hortons), Sarnia

Cost: \$30 per person

REGISTER BY JUNE 10

Email Carolyn Sim at csim09@hotmail.com or call 519-337-5657

Name: _____

Phone number: _____

Have you ever done card making before? Yes or No