

The Life Line

1705 London Line Unit 1048
Sarnia, ON N7W 1B2
519 337-5657

Website: www.sarniabiasl.ca
Email: sarnia.biasl@gmail.com
Charity Registration No:
89186-6733-RR0001



BIASL

BRAIN INJURY ASSOCIATION

SARNIA - LAMBTON



BIASL is a non profit charitable organization. Helping to enhance the lives of people in the Sarnia-Lambton area living with the effects of Acquired Brain Injury (ABI) through education, awareness, support and weekly activities.

save the date

Annual General Meeting:
June 17th at 5:30

KEY DATES AT A GLANCE

Fri, Mar 15th

St. Patrick's Day
Potluck

Fri, Mar 29th

Fun & Games
with VR Headsets

Thur, Apr 11th

Lunch at Lake Point
Grillhouse

WHAT'S HAPPENING

Save the Date

- * Applications for Camp Dawn Available on May 6, 2019
- * Annual Sarnia Lambton Golf Tournament, Thursday May 23, 2019
- * Race to Erase, Saturday May 25, 2019 - register your team on-line to help us raise funds for the BIASL
- * Our Annual General Meeting will be held on June 17th at 5:30 pm, at the BIASL building.

Cards Anyone?

Did you know that the handmade beautiful cards that our members make each month are now for sale, for just \$5 each? Take your pick...birthday, thank you, sympathy, holiday or "just because" card. Contact the office if you are interested.

ABI and Family Caregiver Supports

Parkwood Institute has announced their Spring education series, from March 19-April 30, 6:30-8:00 pm. Topics include: Brain Injury 101, Social Communication, Mental Health and Brain Injury, Life after Brain Injury and Survivor and Caregiver Stories. You may access these work shops on-line, through St. Joseph's Health Centre London's website at: www.sjhc.london.on.ca/events/brain-injury-survivor-and-family-education-series

Special Workshop Event

A special workshop event for Survivors and Caregivers, hosted by OBIA and Brain Injury Canada and the Brain Injury Society of Toronto. This will be held as part of the 13th Annual World Congress on Brain Injury in Toronto, on Sunday March 17th from 9:30 am to 12:00 pm. Cost is \$10. More information about this can be obtained on the OBIA website.

Massage

Members are enjoying their complimentary massages from Lambton College. The program has been incredibly kind and supportive of of organization. If you are interested in a massage, please let Lori know to be properly registered with the College.

ASK A LAWYER SERIES



Nigel Gilby and Chris Dawson are personal injury lawyers at Leners LLP. Nigel and Chris can be contacted at 855-HELP-NOW or by e-mail at cdawson@leners.ca or ngilby@leners.ca.

Giving Back

By - Nigel Gilby

One of the best things about being the lawyer that I am, apart from meeting clients and helping them along their road of rehabilitation and recovery, is the opportunity and ability to give back to the community.

As a lawyer who makes his income from representing individuals who sustain tragic and life altering injuries, such as acquired brain injuries, I always felt a duty and an obligation to give back to the brain injured community. That is why as a very young lawyer almost 35 years ago, I volunteered to sit on a Board that was looking to do something to help people with acquired brain injuries. From those early Board meetings sprung the idea of Dale Brain Injury Services, which became only the second facility outside of a hospital in the entire province of Ontario that provided treatment and help for people who suffered from an acquired brain injury.

Fast forward 35 years and it was my great privilege and honour to attend as the President of Dale Brain Injury Services, the grand opening of our new facility on Saskatoon Street in London, Ontario. This new facility was the culmination of years in planning and an amalgamation of a number of services that we provide into one physical facility. Over those 35 years, we have gone from a six-bed residential facility to one that now services over 500 clients annually. Not only do we continue to run a residential program, but we have expanded to include day programming outreach and working in satellite communities throughout southwestern Ontario, including Sarnia-Lambton.

As I reflect back on those 35 years and my continued involvement in Dale Brain Injury Services, I realize that as much as I have given to this organization, I have gotten far more back in terms of the satisfaction of seeing how far we have come and how many people we have been able to help.

It was a great privilege and something I will always cherish to have the new Dale Brain Injury Services Centre named the "Nigel and Rhonda Gilby Centre for New Tomorrows." The name, Centre for New Tomorrows, was chosen by the clients who were served by this centre, and epitomizes the optimism and hope for a better tomorrow that Dale Services provides to the clients we serve.

Again, it continues to be a privilege to also represent clients from Lambton County and over the years to help support the Lambton-Sarnia Brain Injury Association as another way to give back to the community that supports me.

The new center for Dale Brain Injury Services is located at 345 Saskatoon Street, London, Ontario. We provide rehabilitation services, including group services, day programs, social and leisure activities, art, music, fitness exercise programs, healthy lunch, and therapeutic group skill building sessions. We also provide a stroke program which is called, Life After Stroke (Day Program), which is one-on-one support, including emotional support, counselling and caregiver support groups. Here is the link to our website which will provide you with more information and the contact numbers for services.

www.daleservices.on.ca



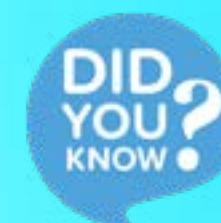
UPCOMING BIASL ACTIVITIES

Note: Please call the Brain Injury Association Sarnia Lambton office at 519-337-5657 or email sarnia.biasl@gmail.com. if you wish to participate in any of the following events. We appreciate RSVPs!


Note: Please know that if there is a concern with the cost of any of our activities, please advise Lori so that this can be resolved in a fair manner.

<p>Coffee Group: Do you enjoy good coffee, great food, meeting new people, and socializing with old friends? Then join us for the Coffee Group! This group meets every Tuesday at the Coffee Lodge on Exmouth Street at 1:00 pm.</p> <p>Please note, as we have grown in numbers, the Coffee Lodge has agreed to reserve the back section of tables for us by the windows and benches. This will allow us to have our own space, without creating any barriers for the other customers</p>	<p>Tues, Mar 5th Tues, Mar 12th Tues, Mar 19th Tues, Mar 26th Tues, Apr 2nd Tues, Apr 9th Tues, Apr 16th Tues, Apr 23rd Tues, Apr 30th</p>
<p>Card Making: Come out and enjoy an afternoon of card making with Carolyn. You can always personalize the message for a birthday; get well or thinking of you.</p>	<p>Wed, Mar 6th Wed, Apr 3rd 1-2:30pm VON Community Room</p>
<p>Family and Caregiver Support Group: We know that Brain Injury does not affect the survivor alone. Caregivers need an opportunity to speak with other caregivers.</p>	<p>Thur, Mar 7th Thur, Apr 4th 10-11:30am VON Community Room</p>
<p>Bingo: Everyone loves play a fun game of Bingo!</p>	<p>Thur, Apr 8th 1-2:30pm VON Community Room</p>
<p>St. Patrick's Pot Luck: Wear your green and bring the luck of the Irish and celebrate with friends while enjoying some delicious food.</p>	<p>Fri, Mar 15th 12pm VON Community Room</p>
<p>Making Memories Scrapbooking: Come out and enjoy an afternoon of scrapbooking and have your memories to cherish.</p>	<p>Wed, Mar 20th Wed, Apr 17th 1-2:00pm VON Community Room</p>

<p>Throw a strike or get a spare: Join us for a game of bowling at the Marcin bowling alley located at 609 Helena Street in Point Edward.</p>	<p>Fri, Mar 22nd 11am-12:30 Marcin Bowling Alley</p>
<p>Let's Do Lunch: Let's meet for lunch at John's Restaurant. Enjoy their famous peameal bacon breakfast or a delightful lunch item. Hope to see you there! Located at 1643 London Line in Sarnia</p>	<p>Wed, Mar 27th 12pm John's Restaurant</p>
<p>Men's "Only" Group: We need your input Gentlemen....the interest is there for a Men's Group, but your ideas and suggestions of what you want the group to look like is needed. Let's discuss at our next potluck event!</p>	<p>Thur, Mar 28th Thur, Apr 25th Lunch TBA</p>
<p>Fun & Games With VR Headsets: Come out and learn some games and explore the Virtual Reality headsets with us at the BIASL office.</p>	<p>Fri, Mar 29th 1pm VON Community Room</p>
<p>Game On!: Spend the afternoon enjoying the Wii or other indoor activity games with your fellow members. Brandon is our host for the afternoon and has many fun adventures planned! Stay tuned for more details!</p>	<p>Fri, Apr 5th 1pm VON Community Room</p>
<p>Turn Those Clocks Ahead: Don't forget to turn your clocks ahead one hour as Day Light Savings arrives</p>	<p>Sun, Apr 7th</p>
<p>Painting With M!: Take home a beautiful painting that you have created, guided and taught to us by our local Sarnia artist, Emily! The class will begin at 1:00 pm sharp and finish at 3:30. All supplies will be provided, but please let Lori know if you plan to attend so that we are fully prepared</p>	<p>Wed, Apr 10th 1-3:30pm VON Community Room</p>
<p>Let's Do Lunch: Try one of Sarnia's newest restaurants, Lake Point Grillhouse. Their large menu has something for everyone. Hope to see you there! Located at 1150 Christina Street N. in Sarnia</p>	<p>Thur, Apr 11th 12pm Lake Point Grillhouse</p>
<p>Easter Pot Luck: Wear your spring colours and celebrate the upcoming spring season with friends while enjoying some delicious food.</p>	<p>Thur, Apr 18th 12pm VON Community Room</p>
<p>Jewellery Making: We will be handcrafting our own beads for earring or that perfect necklace! All are welcome.</p>	<p>Wed, Apr 24th 1-2:30pm VON Community Room</p>



The human brain is capable of 1,016 processes per second, which makes it far more powerful than any existing computer

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7  Day Light Savings Time Starts	8  Exmouth St. 1pm	9  Exmouth St. 1pm	10  Painting With Me! 1-3:30pm VON Community Room	11  Lunch at Lake Point Grillhouse 12pm	12 VON Community Room Game On TBA	13
14	15 16  Exmouth St. 1pm	17  Making Memories Scrapbooking 1-2:00 VON Community Room	18  Easter Pot Luck 5:30pm VON Community Room	19  OFFICE CLOSED GOOD FRIDAY	20	27
21  OFFICE CLOSED	22 23  Exmouth St. 1pm	24  Jewellery Making 1-2:30pm VON Community Room	25  Men's "Only" Group Lunch Location TBA	26	26	27
28	29 30  Exmouth St. 1pm	<p>SAVE THE DATE Applications for Camp Dawn Available on May 6, 2019</p>		<p>SAVE THE DATE Annual Golf Tournament on Thursday May 23</p>	<p>SAVE THE DATE Race to Erase Saturday May 25</p>	<p>SAVE THE DATE Annual General Meeting June 17th</p>

Registration Form

9th Annual Golf Tournament & Silent Auction

Thursday, May 23th, 2019
GREAT COURSE/MORE PRIZES/MORE CONTESTS!
Lunch and Dinner included

Huron Oaks Golf Course
2587 Lakeshore Rd, Bright's Grove, ON
Registration (Guaranteed upon payment prior to May 15th, 2019)

ETransfer payment is available:
biaslamilton@gmail.com

see reverse side of this panel for more options

#1 Name _____
Address _____
City _____ Postal Code _____
Phone _____ Email _____

#2 Name _____
Address _____
City _____ Postal Code _____
Phone _____ Email _____

#3 Name _____
Address _____
City _____ Postal Code _____
Phone _____ Email _____

#4 Name _____
Address _____
City _____ Postal Code _____
Phone _____ Email _____



Shelley Cosma, Event Coordinator

519-719-3657

shelley@prorehab.ca

Wendy Highley

519-200-9228

wendy@bartimaeusrehab.com



9th Annual Golf Tournament & Silent Auction

May 23, 2019

Huron Oaks Golf Course

Registration - 11:00AM

Shot Gun - 12:00

Please provide your card for tax receipt
or Cash/Cheque donations to:

Brain Injury Association Sarnia-Lambton,

1705 London Line, Unit 1048, Sarnia, Ontario, N7W 1E2

Phone: 519-337-5657 Website: <http://www.sarniabiasl.ca>

Charity Registration No.: 89188-6733-RR0001

**Thank-you in advance
for your kindness and
generosity!**

Sponsorship Details

Platinum Sponsorship - \$5000

- Opportunity to speak at tournament and other BIASL events
- Recognition at 3 to 4 events throughout the year
- Full page advertisement in Newsletter
- Newsletter Recognition and website link for one year
- Opportunity to have video on BIASL website
- Complimentary foursome includes golf/lunch/dinner
- Prominent Corporate Recognition
- Name/logo Recognition on a hole and on dinner table cards

Gold Sponsorship - \$2500

- Complimentary foursome includes golf/lunch/dinner
- Opportunity to speak on day of the tournament
- Half page advertisement in Newsletter
- Name/logo Recognition on a hole and on dinner table cards
- Mention in our bi-monthly Newsletter

Silver Sponsorship - \$1250

- Quarter page advertisement in Newsletter
- Silver level Corporate Recognition
- Name/logo Recognition on a hole and on dinner table cards
- Mention in our bi-monthly Newsletter

Bronze Sponsorship - \$750

- Business card size advertisement in Newsletter
- Bronze level Corporate Recognition
- Name/logo on a hole
- Mention in our bi-monthly Newsletter

Flag Sponsorship - \$3000

- Corporate Recognition flag at each hole
- Name/logo on dinner table cards
- Mention in our bi-monthly Newsletter

Dinner Sponsorship - \$2500

- Opportunity to speak on day of tournament
- Recognition announcement at dinner
- Prominent Corporate Recognition on dinner table cards
- Name/logo Recognition on a hole
- Mention in our bi-monthly Newsletter

Lunch Sponsorship - \$1500

- Recognition announcement at lunch
- Corporate Recognition on lunch tables
- Name/logo on a hole
- Mention in our bi-monthly Newsletter

Survivor Foursome Sponsorship - \$1000

- Recognition announcement at Dinner
- Mention in our bi-monthly Newsletter

Hole Sponsorship With Attendant - \$500

- 18 opportunities
- Some holes will have traditional golf tournament events at them such as longest drive, closest to the pin, while others may have non-traditional events at them.
- Sponsorship will include signage at the hole.
- Opportunity to have the hole attended by your representative and give out your promotional items.

Hole Sponsorship Without Attendant - \$250

- 18 opportunities
- Some holes will have traditional golf tournament events at them such as longest drive, closest to the pin, while others may have non-traditional events at them.
- Sponsorship will include signage at the hole.



BIASL is a non profit charitable organization Helping to enhance the lives of people in the Saraw-Lambton area living with the effects of Acquired Brain Injury through education, awareness, support and wisdy activities.

Registration Form

9th Annual Golf Tournament & Silent Auction

I want to pay:

- \$ 200 per Participant
- \$ 700 per Foursome

I would like to purchase _____ additional guest dinner tickets at \$50

Please indicate below if you require a vegetarian meal.

I require _____ vegetarian dinner(s)